

Disney Packing List

Works for Walt Disney World and Disneyland. Clothing quantities are per person for a five-day trip; add or remove a day's worth as needed. The park bag is what you carry each day. Size limits and banned items are Disney's own rules and are the same at both resorts.

PARK BAG, EVERY DAY

- ☐ Park tickets, phone with the Disney app
- ☐ ID, cards, a little cash
- ☐ Phone charger or battery pack
- ☐ Reusable water bottle, labeled
- ☐ Snacks, not in glass
- ☐ Sunscreen and lip balm with SPF
- ☐ Hand sanitizer
- ☐ Rain poncho
- ☐ Small first aid kit, blister pads
- ☐ Sunglasses, hat
- ☐ Plastic bags for wet things
- ☐ Autograph book and a pen
- ☐ Chewing gum, not sold in the parks

Bag limit: 24 by 15 by 18 inches. No loose or dry ice inside.

LABEL ALL OF THESE, THEY GET SET DOWN

- ☐ The stroller, on the frame, inside and out
- ☐ Every water bottle and sippy cup
- ☐ Hats, sunglasses cases and autograph books
- ☐ Ponchos, jackets and hoodies tied to the stroller
- ☐ The park bag and the wet bag
- ☐ Chargers and battery packs

CLOTHING, FIVE DAYS, PER PERSON

- ☐ Comfortable broken-in walking shoes **2 pairs**
- ☐ Tops, light and quick-drying **6**
- ☐ Shorts or light bottoms **4**
- ☐ Underwear and socks **6**
- ☐ Swimsuit **2**
- ☐ Light jacket or hoodie for evenings **1**
- ☐ Pajamas **2**
- ☐ Hat **1**
- ☐ Sandals or pool shoes **1**

One full change of clothes in the park bag for each young child. Rides and splash pads soak them.

KIDS AND TODDLERS

- ☐ Stroller, under 31 by 52 inches, labeled
- ☐ Wipes, diapers, changing pad
- ☐ Change of clothes in a zip bag
- ☐ Familiar snacks and a sippy cup
- ☐ Small blanket for the stroller nap
- ☐ Ear protection for fireworks
- ☐ Glow sticks for the wait at night

TOILETRIES AND HEALTH

- ☐ Medication in original containers
- ☐ Travel-size liquids and lotions
- ☐ Anti-chafe balm, blister pads
- ☐ After-sun lotion
- ☐ Pain reliever, antihistamine

NOT ALLOWED IN THE PARKS

- ☐ Bags or coolers larger than 24 by 15 by 18 inches
- ☐ Strollers over 31 by 52 inches, and any stroller wagon
- ☐ Loose or dry ice
- ☐ Glass containers, except small ones like baby food jars
- ☐ Alcohol
- ☐ Selfie sticks and extension poles
- ☐ Folding chairs

Rental strollers cannot leave the park. Single \$15 a day, double \$31, cheaper as a length-of-stay rental. Bring your own if you want it at the hotel and on the bus.

STROLLER PARKING IS A FIELD OF IDENTICAL STROLLERS

Cast Members move strollers to keep the parking areas tidy, and a ribbon on the handle is what everyone else did too. **ContactMyParent labels carry a QR code.** Anyone who finds the stroller, the hat or the water bottle scans it with a phone camera, no app, and reaches you. You choose what they see, your number or a message form that keeps it private.

Iron-on labels for clothing, rated for 50 plus washes including machine drying. Waterproof stickers for bottles, strollers and hard gear. The same profile can carry allergies and medications for whoever is with your child.

Starter

10 labels, \$14

Family

25 labels, \$24

School Year

50 labels, \$39

contactmyparent.com